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| **PSHE/RSE** | Autumn | | Spring | | Summer | |
| EYFS Themes | Self Regulation; My feelings  Building Relationships;  Special Relationships | | Managing Self;Taking on Challenges  Self Regulation; Listening and following instructions | | Building Relationships; My family and friends  Managing self;My wellbeing | |
| PSED  Personal, Social and Emotional Development | **My Feelings**  **L1** identifying my feelings  **L2** Feelings Jar  **L3** Coping strategies  **L4** Describe feelings  **L5** Facial Expressions  **L6** creating a calm corner | **Special Relationships**  **L1** My Family  **L2** Special People  **L3** Sharing  **L4** I am Unique  **L5** My interests  **L6** Similarities and Difference  (Anti racism Resources) | **Taking on Challenges**  **L1** why do we have rules?  **L2** building towers  **L3** Team den building  **L4** Grounding  **L5** Team races  **L6** Circus skills | **Self regulation**  **L1** Simon says  **L2** listening to a story  **L3** Pass the whisper  **L4** obstacle race  **L5** blindfold walk  **L6** treasure hunt | **My family and friends**  **L1** Festivals  **L2** Sharing  **L3** What makes a good friend?  **L4** Being a good friend  **L5** Teamwork  **L6** celebrating friendships | **Managing self/My wellbeing**  **L1** What is exercise?  **L2** Yoga and relaxation  **L3** Looking after ourselves  **L4** Being a safe pedestrian  **L5** Eating healthily  **L6** A rainbow of food |
| KS1 Themes  Unit Summary | **Family and relationships** | **Citizenship** | **Anti Racism** | **Health and well being** | **Safety and the changing body** | **Economic wellbeing** |
| Year 1 | **L1** What is family?  **L2** What are friendships?  **L3** Recognising others emotions  **L5** Friendship problems  **L6** Healthy Friendships  **L7** Gender Stereotypes | **L1** Rules  **L2** Caring for others  **L3** The needs of others  **L4** Similar yet different  **L5** Belonging  **L6** Democratic decisions | **L1** What makes me special  **L2** How I am the same and different to others?  **L3** We are all unique  **L4** Ways we are same and different  **L5** People have different skin colours  **L6** Hurtful behaviour and bullying | **L1**Understanding my emotions  **L3** Ready for bed  **L4** Relaxation  **L5** Handwashing and personal hygiene  **L6** Sun safety  **L7** Allergies | **L1** Adults in school  **L2** Adults outside school  **L3** Getting Lost  **L4** Making and emergency phone call  **L5** Appropriate contact  **L6** Safety with substances | **Milo’s Money**  **L1** Where do I get my money?  **L2** What can we do with money?  **L3** Making choices  **L4** Being generous  **L5** Saving/looking after our money  **Enterprise Activity?** |
| Year 2 | **L1** Families offer stability and love  **L2** Families are all different  **L3** Other people’s feelings  **L4** Unhappy Friendships  **L5** Introduction to manners and courtesy  **L6** Change and loss | **L1** Rules beyond school  **L2** Our school environment  **L3** Our local environment  **L4** Job roles in our local environment  **L5** Similar yet different – my local community  **L7** Giving my opinion | **L1** Hurtful behaviour is not acceptable  **L2** How to report bullying  **L3** The ways we are the same/different  **L4** The ways we are the same/different  **L5** Hurtful behaviour – how it makes others feel  **L6** Hurtful behaviour and what to do about it | **L1** Experiencing different emotions  **L2** Being Active  **L4** Steps to success  **L5** Developing a growth mindset  **L6** Healthy diet  **L7** Looking after our teeth | **L2** communicating online  **L3** Secrets and surprises  **L4** Appropriate contact; my private parts  **L5** My private parts are private  **L8** Crossing roads safely  **L9** Staying safe with medicine | **L1** Where do adults get their money?  **L2** What can we do with our money?  **L3** What do we need money for?  **L4** How can we help others?  **L5** Respecting the things we have  **Enterprise Activity?** |
| KS2 Themes | **Family and Relationships** | **Citizenship** | **Anti-Racism** | **Health and Well Being** | **Safety and the changing body** | **Economic well being** |
| Year 3 | **L1** Healthy Relationships  **L2** Friendships conflict  **L3** Friendship conflict vs bullying  **L4** Effective Communication  **L5** Learning who to trust  **L6** Respecting differences in others | **L1** Rights of the child  **L2** Rights and Responsibilities  **L3** Recycling  **L5** Charity  **L6** Local Democracy  **L7** Rules | **L1** Individuality and personal qualities  **L2** Identity  **L3** What makes our skin colour the colour it is  **L4** What it means to be anti-racist  **L5** Strategies to challenge racism  **L6** Examples of where racism happened  **L7** Personal identity | **L1** My Healthy Diary  **L2** Relaxation  **L3** Wonderful me  **L5** Resilience breaking down barriers  **L6** Communicating my feelings  **L7** Diet and Mental Health | **L1** First Aid Emergencies and calling for help  **L3** Be kind Online  **L4** Cyberbullying  **L6** Making Choices  **L7** Influences  **L8** Keeping Safe out and about | **L1** Why do we work?  **L2** How much do I have to spend?  **L3** How do we spend our money?  **L4** What does it mean to be charitable?  **L5** Respecting the things we have - lending  **Enterprise Activity** |
| Year 4 | **L1** Respect and manners  **L2** Healthy Friendships  **L3** How my behaviour affects others  **L4** Bullying  **L7** Families in the wider world  **L8** Change and loss | **L1** What are human rights?  **L2** Caring for the environment  **L3** Community  **L4** Contributing  **L5** Diverse Communities  **L6** Local councillors | **L1** The importance of self-respect  **L2** Respecting everyone  **L3** Diversity  **L4** Strategies to respond to hurtful behaviour  **L5** anti-racist values charter  **L6** Consolidate and reflect | **L1** Looking after our teeth  **L3** celebrating mistakes  **L4** meaning and purpose; my role  **L5** My happiness  **L6** Emotions  **L7** Mental Health | **L1** Internet safety; Age restrictions  **L2** share aware  **L4** Privacy and secrecy  L5 Consuming information online  **L7** Introducing puberty  **L8** Tobacco | **L1** Work and pay  **L2** If we can’t afford to buy things  **L3** Wants and Needs  **L4** Using our spending power to help others  **L5** Keeping track of our money  **Enterprise Activity?** |
| Year 5 | **L1** Build a friend  **L2** Friendship skills  **L3** Marriage  **L4** Respecting myself  **L5** Family Life  **L6** Bullying | **L1** Breaking the law  **L2** Rights and Responsibilities  **L3** Protecting the planet  **L4** Contributing to the community  **L5** Pressure Groups  **L6** Parliament | **L1** Respecting similarities and differences  **L2** Racism and what it means  **L3** Stereotypes  L4 Strategies for challenging stereotypes  L5 What living in a community means  **L6** Reflection | **L2** The importance of rest  **L3** Embracing Failure  **L4** Going for Goals  **L5** Taking responsibility for my feelings  **L6** Healthy Meals  **L7** Sun Safety | **L1** Online friendships  **L2** Staying safe online  **L3** Puberty  **L4** Menstruation  **L6** First Aid Bleeding and head injuries  **L7** Alcohol, drugs and tobacco; Making decisions | **L1** Why do we work?  **L2** How much do I have to spend?  **L3** Wants and Needs  **L4** Using our spending power to help others  **L5** Why Save?  **Enterprise Activity?** |
| Year 6 | **L1** Respect  **L2** Respectful relationships  **L3** Stereotypes; Attitudes  **L4** Challenging Stereotypes  **L5** Resolving Conflict  **L6** Change and Loss | **L1** Human Rights  **L2** Food choices and the environment  **L3** Caring for others  **L4** Prejudice and discrimination  **L5** Valuing diversity  **L6** National Democracy | **L1** Diversity  **L2** Prejudice & discriminatory actions/behaviours  **L3** Ways of responding to prejudice  **L4** Prejudice and behaviours/actions which discriminate  **L5** Responding to racism/prejudice if witnessed/experienced  **L6** Summarise learning about diversity, prejudice, discrimination | **L1** What can I be?  **L3** Taking responsibility for my health  **L4** The impact of technology on health  **L5** Resilience toolbox  **L6** Immunisation  **L7** Good and bad habits  **L8** Physical health concerns | **L1** Alcohol  **L3** Social Media  **L4** Physical and emotional changes of puberty  **L5** Conception (Parents have right to withdraw child)  **L6** Pregnancy and birth (Parents have right to withdraw child)  **L7** First Aid; choking  **L8** First Aid; basic life support | **L1** Work and pay  **L2** If we can’t afford to buy things  **L3** Making choices  **L4** What are taxes and why do we have to pay them?  **L5** What is borrowing?  **Enterprise Activity?** |



Just Finance Foundation Milo’s Money and Lifesavers –

Economic Education Overview - Summer 2

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| **EYFS/KS1** | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 |
| **Big Question** | BQ - Where does our money come from? | BQ- How does Money make us feel? | BQ - What can we use our money for? | BQ - How does our money help other people? | BQ - How can we look after our money? | Summary |
| EYFS  Milo’s Money | Intro to book and Milo, coins and notes | Revisit the story – think about the decision he has to make | Wants and needs pocket 3/being generous pocket 6 | Pocket 5: Sharing | Pocket 2: Saving | Milo Pocket 7 – making choices |
| Yr 1  Milo’s Money | Milo Pocket 1 -spending | Milo pocket 7 - decisions | Milo pocket 3 -wants and needs | Milo Pocket 6 – being generous | Milo Pocket 4 -investing | Milo Pocket 7 – making choices |
| Yr 2  Can also use Milo’s Money here. | Where does our money come? | What can we do with our money? | Making choices | How we can help others? | Respecting the things we have | Milo Pocket 7 – making choices |

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| **KS2** | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 |
| Big Question | BQ - Where does our money come from? | BQ - How does Money make us feel? | BQ - What can we use our money for? | BQ - How does our money help other people? | BQ - How can we look after our money? | Summary week  Fund raising /enterprise activity |
| Yr 3 | Where do adults get their money/Why do we work? | What can we do with our money/how much do I have to spend? | How do we spend our money? | What does it mean to be charitable? | Respecting the things we have - borrowing and lending |  |
| Yr 4 | Work and Pay | If we can’t afford to buy things? | Wants and needs 1 | Using our spending power to help others | Keeping track of our money |  |
| Yr 5 | Why do we work? | How much do I have to spend? | Making Choices wants and needs 2 | Using our spending power to help others | Saving and Borrowing - why save? The advantages of Saving |  |
| Yr 6 | Work and pay | If we can’t afford to buy things | Making Choices | What are taxes and why do we have to pay them? | Saving and Borrowing - What is borrowing? The cost of borrowing |  |



Anti Racism Scheme Overview - Spring 1 PSHE

Reception

There is a folder in teams in curriculum 2024 – PSHE – New PSHE RSE curriculum folder has this curriculum overview and the anti racism planning.

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| Books | It's Okay To Be Different (Todd Parr Classics): Amazon.co.uk: Parr, Todd:  8601400302347: Books | Elmer the Patchwork Elephant - Wikipedia |  |
| **It’s Ok to be Different**  Todd Parr | **Elmer**  David Mckee | **I am Brown**  Ashok Banker and Sandhya Prabhat |
| Session objective and activity | | | |
| Week 1 | I can talk about identify what makes me an individual | | |
| *Read ‘It’s OK to be different’*  *Discuss the ways that you are different to your friend.*  *Draw yourself.* | | |
| Week 2 | I can show my preferences | | |
| *Children to say something that is ‘Ok’ – linked to learning from previous session e.g. ‘It’s Ok to like brussels sprouts’ or ‘It’s Ok to have a brown spot on my face’.*  *Play ‘Run around’ game – run to the picture that you prefer – children think of the things that they like and how they might be different to others.* | | |
| Week 3 | I can think about the perspectives of others | | |
| *Look at the book ‘Elmer’ – discuss the cover and read*  *Ask what the children think Elmer might be thinking/wondering at different points in the story.*  *Discuss how the elephants shaw that they love Elmer even though he is different.* | | |
| Week 4 | I feel good about the ways we are the same and different | | |
| Recap the story of ‘Elmer’ and the key messages.  Talk about what is the same and what is different between you and a friend OR colour an elephant for an elephant parade. Make sure your elephant is different to the others. | | |
| Week 5 | I can talk about the ways we are the same and different | | |
| *Read the book ‘I am Brown’ and discuss the key messages and answer linked questions.*  *Children to think of their own versions of ‘I am…’ linked to the book.* | | |
| Week 6 | I can talk about my skin colour | | |

Year 1

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| Books | Shine : Asuquo, Sarah, Fisher, Nadia: Amazon.co.uk: Books |  | Standing Up to Racism: A lift-the-flap board book about standing together:  Amazon.co.uk: Agarwal, Dr Pragya, Forshaw, Louise: 9781526383297: Books |
| **Shine**  Sarah Asuoquo | **Julian is a Mermaid**  Jessican Love | **Standing up to Racism**  Praggya Agarwal |
| Session objective | | | |
| Week 1 | I can recognise what makes me special | | |
| *Read ‘Shine’ and answer questions about the story*  *‘What makes you shine?’ activity sheet* | | |
| Week 2 | To know about how I am the same and different to others | | |
| *Recap ‘Shine’ and remember the key messages. Answer questions about the story*  *Children to think about what makes them different to their friend and draw a picture of themselves and their friend.* | | |
| Week 3 | To recognise ways in which we are all unique | | |
| *Read ‘Julian is a mermaid’. Answer questions about the story.*  *Think about the word ‘unique’.*  *Children to think, write and draw the things that make them unique.* | | |
| Week 4 | To recognise the ways we are the same as and different to other people | | |
| *Recap ‘Julian is a mermaid’. Answer question ‘Why do you think we read this book?’ and ‘What is the special message in the story?’*  *Children to complete ‘All about me’ activity.* | | |
| Week 5 | To know about how people have different skin colours | | |
| *Look at the cover ‘Standing up to racism’ – discuss what it might be about.*  *Read the book and answer related questions. Focus on why we have different skin colours and the word ‘melanin’.*  *Children to consider what it is to be treated unfairly and how this makes people feel.*  *Children to draw a self-portrait, focusing on the skin colour as well as other features.* | | |
| Week 6 | To know about how people may feel if they experience hurtful behaviour or bullying | | |
| *Recap book ‘Standing up to racism’.*  *Recap questions and learning from last week.*  *Think about what you could do or say if you experience someone being treated unfairly because of their skin colour.* | | |

Year 2

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| Books | Say Something by Peggy Moss | Goodreads | Skin: A First Conversation About Race (First Conversations): Amazon.co.uk:  Madison, Megan, Ralli, Jessica, Roxas;Isabel, Roxas;Isabel: 9780593382639:  Books | Amazing Grace : Hoffman, Mary, Binch, Caroline: Amazon.co.uk: Books |
| **Say Something**  Peggy Moss | **Our Skin**  Megan Madison and Jessica Ralli | **Amazing Grace**  Mary Hoffman |
| Session objective and activity | | | |
| Week 1 | To know that hurtful behaviour (including name calling, bullying and leaving other out) is not acceptable  To think about what others are feeling/thinking and understand that hurtful behaviours are wrong | | |
| *Read ‘Say Something’*  *Discuss and reflect on what the different characters would be thinking* | | |
| Week 2 | To know that hurtful behaviour is not acceptable; how to report bullying and the importance of telling a trusted adult | | |
| *Consider strategies and actions when someone says or does something hurtful.*  *Think about how to be an ‘upstander’ not a ‘bystander’.* | | |
| Week 3 | To know the ways in which we are the same and different to others | | |
| *Read and discuss ‘Our Skin’*  *Think about and describe your own skin colour and that of others and why all skin colours are special. Learn about what makes skin colour different.* | | |
| Week 4 | To know the ways in which we are the same and different to others | | |
| *Design an ‘upstander’ superhero* | | |
| Week 5 | To know what hurtful behaviour is, how it makes others feel and how to report it to a trusted adult | | |
| *Read ‘Amazing Grace’ and discuss what happens in the story including the characters actions and feelings.* | | |
| Week 6 | To know that hurtful behaviour is not acceptable and how to report it | | |
| *Recap learning that has taken place and make links.*  *Work through scenario sheets thinking about the questions ‘What could you do or say?’* | | |

Year 3

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| Books | I Am Every Good Thing: Amazon.co.uk: 9780525518778: Books | The Proudest Blue: A Story of Hijab and Family : Muhammad, Ibtihaj, Ali, S.  K., Aly, Hatem: Amazon.co.uk: Books | My Skin, Your Skin: Let's talk about race, racism and empowerment :  Henry-Allain MBE, Laura, Iwu, Onyinye: Amazon.co.uk: Books |
| **I am Every Good Thing**  Derek Barnes | **The Proudest Blue**  Ibtihaj Mohammed | **My Skin, Your Skin**  Laura Heny-Allain |
| Session objective and activity | | | |
| Week 1 | To recognise individuality and personal qualities | | |
| *Read ‘Every Good Thing’ – discuss the story and the author’s message/intentions.*  *Think about all the good things that you would describe about yourself.* | | |
| Week 2 | To understand what is meant by identity | | |
| *Discuss the story ‘The Proudest Blue’. Consider the religion of the main character and why religion can play an important part in some people’s identities.*  *Talk about differences between people that are visible and consider those which can’t be seen.*  *Make an identity jigsaw for yourself.* | | |
| Week 3 | To understand what makes our skin the colour that it is | | |
| *Look at scientific images of skin and discuss facts including how skin colour is genetic.*  *Learn about the words; race, racism and empowerment.*  *Make an ‘Anti-Racism’ poster including things that you have learnt.* | | |
| Week 4 | To discover what it means to be anti-racist | | |
| *Continue reading ‘My Skin, Your Skin’.*  *Focus on the line ‘we are not born racist’ – discuss what this means and why we think people become racist.*  *Consider what it means to be anti-racist and how we need to work together to dismantle racism.*  *Use skin-toned pieces of paper – find one to match own skin colour and to write ideas for making our school anti-racist.* | | |
| Week 5 | To develop strategies to challenge racism | | |
| *Recap what is race.*  *Consider what you would do if you experienced someone being racist.*  *Read poem ‘Be the change you want to see’ and consider what it is asking the reader to do.*  *Work with a partner to write a new poem about how to stand up to racism.* | | |
| Week 6 | To recognise an example of where racism has happened. | | |
| *Does racism happen today?*  *Look at the example of Marcus Rashford (taking the knee, the defacing of a mural and the racism of some football fans)* | | |
| Week 7 | To know about personal identity and what contributes to who are | | |
| *Compare similarities and differences with another person.*  *Create a leaflet about what makes you unique and special, your future ambitions and hopes and dreams.* | | |

Year 4

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| Books | I Am Enough : Byers, Grace, Bobo, Keturah A.: Amazon.co.uk: Books | Skin I'm in: A First Look at Racism (First Look At...Series): Amazon.co.uk:  Thomas, Pat: 9780764124594: Books | | Different: A Story About Loving Your Neighbor : Singleton, Chris, Luong,  Wiliam: Amazon.co.uk: Books |
| **I am Enough**  Grace Byers | **The Skin I’m in**  Pat Thomas | | **Different**  Chris Singleton |
| Racism (Dealing With...): Amazon.co.uk: Lacey, Jane, Dean, Venitia:  9781445157900: Books | | AntiRacist Baby: Amazon.co.uk: 9780593110416: Books | |
| **Dealing with Racism**  Jane Lacey | | **Anti-Racist Baby**  Ibram X Kendi | |
| Session objective and activity | | | | |
| Week 1 | To recognise the importance of self-respect and how this affects our thoughts and feelings about ourselves | | | |
| *Read ‘I am Enough’ and discuss themes and characters.*  *Discuss Maya Angelou quote ‘You alone are enough. You have nothing to prove to anybody.’ Link this to the story. Think of 6 reasons why ‘you are enough’ and share.* | | | |
| Week 2 | To recognise that everyone should expect to be treated with respect no matter the colour of their skin. | | | |
| *Discuss Nelson Mandela quote ‘No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.’*  *Read ‘The Skin I’m in’ – discuss themes and feelings about racism and how you would respond if you witnessed this happening.* | | | |
| Week 3 | To know about diversity: what it means and the benefits of living in a diverse community. | | | |
| *‘Why fit in when you were born to stand out?’ – discuss this quote.*  *Read ‘Different’ – discuss the story and its themes. Consider how someone would feel if they moved somewhere where they looked, sounded and dressed differently from everyone else.*  *Is it OK for someone to be treated unfairly because of the way the looked, sounded and dressed differently from others? How would you help someone if they moved to your school?*  *Learn what the word ‘diversity’ means and explain in your own words.* | | | |
| Week 4 | To know about strategies to respond to hurtful behaviour (experienced or witnessed) | | | |
| *Learn the definitions of the words; racism, prejudice, discrimination and consider examples of these.*  *Read ‘Dealing with Racism’ and discuss/answer questions.*  *Look at scenarios and consider what you think and would/could do in these situations.*  *Reflect on how you will spread the way racism is understood in school and how to help others understand that racism is not acceptable.* | | | |
| Week 5 | To create a charter showing anti-racist values | | | |
| Recap previous learning and read ‘ Anti-racist Baby’. Brainstorm ideas about how to share the anti-racist message and create an agreed class charter. | | | |
| Week 6 | To consolidate and reflect on learning | | | |
| Discuss why football players take the knee.  Revisit and recall quotes and learning from the different books that have been read throughout the unit of learning.  Create a poster which shows learning and key messages. | | | |

Year 5

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| Books | Sulwe by Lupita Nyong'o, Vashti Harrison | Waterstones | A Kids Book About Racism eBook : Memory, Jelani: Amazon.co.uk: Kindle Store | Change Sings: A Children's Anthem: Amazon.co.uk: 9780593203224: Books | The The Proudest Color : Sheila Modir and Jeffrey Kashou, Modir, Sheila,  Mikai;Monica, Mikai;Monica: Amazon.co.uk: Books |
| **Sulwe**  Lupita Nyong’o | **A Kids Book About Racism**  Jelany Memory | **Change Sings**  Amanda Gorman | **The Proudest Colour**  Sheila Modir, Jeffrey Kashou, Modir |
| Session objective and activity | | | | |
| Week 1 | To know about respecting differences and similarities between people | | | |
| *Read ‘Sulwe’ – discuss and consider themes and messages.*  *Consider your own identity like Sulwe does. Children to reflect on what things have influenced their own identities, things that they have in common with others and the things that make them unique.* | | | |
| Week 2 | To know about racism and what it means | | | |
| *Discuss the quote ‘It is not our differences that divide us. It is our inability to recognise, accept and celebrate those differences.’ How does this quote relate to us?*  *Read ‘A kids book about racism’. Think about how people are different and how differences between people might divide them.*  *Plan a guide to teach younger children about racism; what it is, how it happens and how it makes people feel.* | | | |
| Week 3 | To know about stereotypes and how I can positively influence people’s behaviours and attitudes towards others. | | | |
| *Matching activity – which person does which job? Were your views impacted by stereotypes? Discuss what ‘stereotype’ means and how it links to our learning.*  *Read ‘The Proudest Colour’ – discuss themes and messages.*  *Watch BBC Bitesize clip – Not Racist vs anti-racist: what’s the difference?*  *Reflect on what it means to be anti-racist.* | | | |
| Week 4 | To know about strategies for challenging stereotypes | | | |
| *Read ‘The Proudest Colour’.*  *Why do we all have different skin colours? – Discuss and watch video clip explanation.*  *Reflect on what Zahra (character) learnt in the story and why this was important to her.*  *Explain that often we learn about the achievements of people in history and this is an opportunity to learn about people who make a difference to our world today e.g. Malala Yousafzai, Marcus Rashford The more we know about their achievements the more we can acknowledge and celebrate them.* | | | |
| Week 5 | To know about what living in a community means | | | |
| *Recap previous learning.*  *Discuss the US inauguration - (Joe Biden, Kamala Harris) and the significance of the role that Amanda Gorman played – watch clip ‘The Hills we Climb’.*  *Link Kamala Harris to ‘The Proudest Colour’ book.*  *Read ‘Change Sings’ and make links*.  *Consider what changes you would want to make in the world* | | | |
| Week 6 | To reflect on our learning | | | |
| *Revisit quotes and questions from previous learning and re-watch video clips*  *Read full version of ‘Change Sings’ – children/class to write their own version of this poem.* | | | |

Year 6

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| Books | The Ghanaian Goldilocks: Amazon.co.uk: Pizzoli, Dr Tamara, Howell, Phil:  9780996001601: Books | Let's Talk About Race : Lester, Julius, Barbour, Karen: Amazon.co.uk: Books | IntersectionAllies: We Make Room for All : Johnson, Chelsea, Council,  LaToya, Choi, Carolyn, Smith, Ashley Seil: Amazon.co.uk: Books |
| **The Ghanaian Goldilocks**  Tamara Pizzoli and Phi Howell | **Let’s Talk About Race**  Julius Lester and Karen Barber | **Intersection Allies – we make room for all**  Chelsea Johnson, Latoya Council |
| Session objective and activity | | | |
| Week 1 | To know about diversity and what it means | | |
| *Look at the book cover – discuss where it is set. Read ‘Ghanaian Goldilocks’.*  *Answer questions and discuss how it is similar/different to other known stories.*  *Consider Kolifi’s hair and how this makes him stand out and unique. Relate to the term ‘diversity’.*  *Complete a culture wheel and reflect on all the things that make you unique. Compare with others.* | | |
| Week 2 | To know about prejudice and how to recognise behaviours/actions which discriminate against others | | |
| *Learn a little about the apartheid in South Africa. Look at ‘Whites Only’ sign images and discuss.*  *Discuss the concept that race is a social construct and consider the scientific reasons that humans are different.*  *Reflect on this learning and link to the culture wheels from the previous week.* | | |
| Week 3 | To know about prejudice and actions which discriminate against others; ways of responding to it if witnessed or experienced. | | |
| *Look at picture of twins with different skin colour and answer ‘why do we have different skin colours?’*  *Watch video clip about racism/Neal Maupay (footballer)*  *Discuss difference between being ‘non-racist’ and ‘anti-racist’ and how we can actively stand up to racism.*  *Explain the science of skin colour and answer questions around this.* | | |
| Week 4 | To know about prejudice and how to recognise behaviours/actions which discriminate against others. | | |
| *Revise what melanin is and how this affects skin colour and is genetic.*  *Discuss book Intersection Allies – what do you think it is about?*  *Make links with the book and the killing of George Floyd and the police response in the US.*  *Discuss protected characteristics and that it is illegal to discriminate because of these.*  *Children to choose protected characteristics that have significance for them and write about them making links to their previous learning.* | | |
| Week 5 | To know about ways of responding to racism/prejudice if witnessed or experienced. | | |
| *Discuss ‘empathy’ and why it is important.*  *Watch video ‘What is empathy?’ and discuss – link to examples of what racism looks/sounds like.*  *Look at data regarding racist incidents.*  *Consider what a ‘new normal’ (linked to quote by Barack Obama. Write own ideas for a set of rules for a ‘new normal’.* | | |
| Week 6 | To summarise everything that has been learned about diversity, prejudice and discrimination. | | |
| *Review learning from previous sessions and create selection of work that can be shared with others.*  *Create a set of rules/key messages regarding racism and how to be anti-racist.* | | |