This document provides a generic overview of the units to be taught in Physical Education across the academic year for all year groups. For most units taught, Get Set 4 PE planning is used and adapted where appropriate. Detailed documentation exists that outline in detail: a scheme of learning for each unit and lesson by lesson planning. These documents are available internally for staff and accessible for external specialist PE providers. Where Get Set 4 PE is not used, alternative planning and progression documentation exists.

EYFS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Introduction to PE- | Gymnastics | Gymnastics | Indoor Athletics | Ball Skills | Outdoor Athletics/ sports day prep |
| Fundamental skills | DANCE | Fundamental skills | DANCE | Games | Ball Skills |

YEAR 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Outdoor athletics | Dance | Gymnastics | Basketball (invasion) | Football | Striking and Fielding |
| Fundamental skills | Ball skills | Send and receiving | Fitness | Target games | Net and wall |

YEAR 2

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Outdoor athletics | Ball skills | Gymnastics | Basketball (invasion) | Football | Striking and Fielding |
| Fundamental skills | Dance | Sending and receiving | Fitness | Target games | Net and wall |

YEAR 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Outdoor athletics | Ball skills | Gymnastics | Football | Handball | Ultimate Frisbee |
| Fundamental skills | Dance | Fitness | Tag rugby | Tennis | Cricket |

YEAR 4

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Outdoor athletics | Basketball | Gymnastics | Dodgeball | Tennis | Hockey |
| Tag Rugby | Dance | Handball | Netball | OAA | Rounders |

YEAR 5

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Athletics | Gymnastics | Basketball | Football | Ultimate Frisbee | Rounders |
| Swimming | Swimming | Swimming | Dance | Fitness | Tennis |

YEAR 6

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 1 |
| Athletics | Gymnastics | Basketball | Dodgeball | Hockey | Cricket |
| Tag Rugby | Handball | Dance | Fitness | Tennis | OAA |

Sessions led by TB SPORTS coach